

# BREAKFAST MENU

Monday to Saturday 8 - 11  
Sunday 9 - 11

## BREAKFASTS

**FULL CORNISH** £12.95  
2 Trevarthen breakfast sausages, 2 bacon rashers,  
2 fried eggs, mushroom, grilled tomato,  
sautéed potatoes, baked beans & toast. (G) (E) (SU)

**HALF CORNISH** £10.50  
1 Trevarthen breakfast sausage, 2 bacon rashers,  
2 fried eggs, grilled tomato & baked beans.  
(G) (E) (SU)

**VEGGIE BREAKFAST** £11.95  
2 fried eggs, halloumi, grilled tomato, mushroom,  
sautéed potatoes & baked beans (V) (E) (D)

**VEGAN BREAKFAST** £10.95  
Sautéed potatoes, tomato, mushroom, beans,  
avocado and toast

## EGGS

**EGGS ON TOAST** £6.50  
Fried, poached or scrambled, on white,  
granary or gluten-free toast (V) (G) (E) (D)  
ADD BACON £2.00

**EGGS BENEDICT** £9.95  
Bacon, poached eggs, toasted English muffin &  
hollandaise sauce (G) (E) (D)

**AVOCADO & POACHED EGGS** £7.95  
Toasted sour dough, 2 poached eggs and  
avocado. (G) (E) (D)  
ADD BACON £2.00  
ADD CHORIZO £2.00  
ADD PESTO, FETA, HONEY & ROCKET £2.00

## BREAKFAST BAPS

**SAUSAGE** £6.00  
**BACON** £6.00  
**SAUSAGE & BACON** £6.95

ALL SERVED ON EITHER WHITE FLOUR BAP,  
WHOLEMEAL BAP OR GLUTEN FREE ROLL (S)(G)(D)

## PANCAKES

**TWO FLUFFY AMERICAN-STYLE PANCAKES** £7.95  
WITH MAPLE SYRUP (G) (E) (D)  
ADD BACON £2.00  
ADD MIXED BERRY COMPOTE & NATURAL  
GREEK YOGURT £1.50  
ADD NUTELLA £1.00

## PORRIDGE

**GRIGGS CREAMY PORRIDGE** £6.25  
With honey or fruit compote or apple & cinnamon  
compote. (D)

## LIGHTER BITES

**BUTTERED TOAST** £3.25  
2 slices of white, granary or gluten-free toast (G)(D)(S)  
ADD JAM OR MARMALADE £0.50  
ADD NUTELLA FOR £1.00 (N)  
**GRIGGS CREAMY PORRIDGE** £4.00  
A small portion of porridge with a choice of  
honey or fruit compote. (G) (D) (V)  
**SMALL BEANS ON TOAST** £3.50  
A portion of beans on 1 slice of white or  
granary toast. (V) (G) (D)  
**SMALL BACON SANDWICH** £3.50  
1 rasher of bacon, inside 1 slice of white or  
granary bread. (G) (D)  
**SMALL EGG ON TOAST** £3.50  
1 egg, fried, poached or scrambled on white or  
granary toast. (G) (E) (D)

DISCOVER TODAY'S  
SELECTION OF HOMEMADE  
CAKES AT THE COUNTER

THESE SYMBOLS MEAN OUR DISHES CONTAIN THE FOLLOWING ALLERGENS:

(V) VEGETARIAN (G) GLUTEN (D) DAIRY (SU) SULPHITES (F) FISH (CT) CRUSTACEANS (MT) MUSTARD (E) EGG (N) NUTS (C) CELERY (ALC) ALCOHOL (S) SOYA (ML) MOLLUSCS

ALL OUR DISHES CONTAIN SALT. IF YOU REQUIRE A DISH WITHOUT, PLEASE SEE A MEMBER OF STAFF. PLEASE NOTE HOWEVER, THAT WE CANNOT GUARANTEE THAT OUR DISHES ARE FREE FROM TRACE ALLERGENS.